



UNIVERSITY OF THE  
INCARNATE WORD

FEIK SCHOOL *of* PHARMACY

**CONTINUING EDUCATION**



*present*

## **BREATHE EASY: A REFRESHER FOR PHARMACISTS ON SMOKING CESSATION**

**Presenter:** Blake Wassom  
PGY-2 Pharmacotherapy Resident  
UIW Feik School of Pharmacy, San Antonio, TX

**Upon completion of this activity, pharmacists will be able to:**

1. Explain the "5 A's" of smoking cessation and provide an example of each
2. Describe first-line medications used in smoking cessation, including dose, route, frequency, duration, and relevant adverse effects
3. Given a patient case, design an appropriate, patient-centered smoking cessation plan

**Upon completion of this activity, pharmacy technicians will be able to:**

1. Identify the "5 A's" of smoking cessation
2. Recall first-line medications used in smoking cessation
3. Select an appropriate smoking cessation regimen given a patient case

**Date/Time:** Wednesday, February 23, 2022 from 7:00PM-8:00PM

**Location:** Feik School of Pharmacy

**Room:** P1 Classroom (513)

**CPE Credit:** 1.0 contact hours (UANs: 0445-9999-22-004-L01-P; 0445-9999-22-004-L01-T)

**Activity Type:** Application-based activity

**Masks MUST be always worn**

**MUST sit every other seat during the presentation**

The University of the Incarnate Word Feik School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is designed for pharmacists and pharmacy technicians to gain knowledge related smoking cessation. There are no fees for this application-based CPE program. The pharmacist or pharmacy technician will only receive credit for programs after receiving a 70% on a post-test and an activity evaluation form is completed and submitted through FSOP's Learning Express CE website (<https://uiwfsop.learningexpressce.com/>). For detailed instructions on how to use the site, see the link at <https://pharmacy.uiw.edu/subsite/pharmacy/continuing-pharmacy-education/index.html>. Participants will have six weeks to complete the post-test and evaluation form. The deadline to submit the post-test and evaluation form to obtain CE credit is April 8, 2022.

